ON CALL NOTIFICATION CHART



Coconino County Emergency Phone Numbers

Flagstaff Police Department

Emergency 911 Non-Emergency 928-774-1414

Flagstaff Medical Center

Emergency 911 Non-Emergency 928-779-3366

Coconino County Code RED Notification System

www.coconino.az.gov/emergency
Sign up to receive notifications of emergencies!

Flagstaff Red Cross

928-779-5494

Navajo & Hopi Familes (COVID19 Relief)

Facebook Org to assist: Navajo & Hopi Families COVID-19 Relief (833) 956-1554

Over the Rainbow Butterfly Garden

(928) 606-1697

This number is our office line that is transferred to an on-call phone after business hours. You can reach a supervisor at this phone number 24 hours a day, 7 days a week.

SHELTER IN PLACE RESOURCES

TOP TEN RECOMMENDED ITEMS

This list is a recommendation, not required, for shelter in place scenarios should they arise. This list aligns with two weeks of shelter in place, and should be used as a guideline with tips, not a directive.

- 1. Water -10 gallons
- 2. Food two weeks of canned food, or meals ready to eat (MRE's)
- 3. Toilet paper and paper towels
- 4. Medications
- 5. Personal Hygiene Items (soap, first aid kit)
- 6. Disinfectants (hand sanitizer, Lysol spray) and Chlorine Bleach
- 7. Plastic bags
- 8. Portable toilets
- 9. Plastic Sheeting (if needed to cover windows/doors with labeling)
- 10. Duct tape (for sealing cracks around doors and windows)

The Centers for Disease Control and Prevention recommend the following during a Shelter in Place scenario.

Get inside, Stay inside.

Find as safe spot and stay put until officials say that it's safe to leave.

Stay in Touch.

Call or text your emergency contact.

Use your phone only when it's an emergency to preserve battery.

Keep listening to your radio, telephone or television for updates.

IF YOU'RE SICK, STAY HOME.



Tips for Staying Healthy!

- 1. Cover your nose and mouth with a tissue when you cough or sneeze.
 - a. If you don't have a tissue, it is recommended to cough or sneeze into your shoulder/elbow (don't use your hands).
- 2. Throw the tissue in the trash after you use it.
- 3. Wash your hands often with soap and warm water, especially after you cough or sneeze.
- 4. Alcohol-based hand cleaners are also effective.
- 5. Avoid touching your eyes nose or mouth. Germs spread this way.
- 6. Try to avoid close contact with sick people. Stay home if you are sick.

EMERGENCY EXIT LEGEND

This document should be used as a tool, to create an in-home legend for emergency exits should outside caregivers or Direct Support Professionals (DSP's) visit the home or provide service in the home. The intention is to provide additional Safety for our clients.

